# DEPARTMENT OF DANCE EDUCATION



# Virtual Summer Dance 2020 June 29 – August 8

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## The Department of Dance Education Virtual Summer Dance 2020

#### INTRODUCTION

Studio 48 is a performing arts center that dedicates itself to the enrichment of our students, our families, and our community through arts education. Due to the practice of social distancing, we are adapting our teaching methods to accommodate your needs. That is why we are providing a VIRTUAL SUMMER PROGRAM. Our summer program includes live streamed group classes for children through adults in all genres of dance, including ballet, jazz, hip-hop, tap and musical theatre.

#### VIRTUAL PLATFORM

Through the online use of Zoom, you will be able to continue practicing the performing arts from the comfort and safety of your own home. Performing these lessons in a virtual classroom, you will be able to see and to communicate with fellow students, building friendships, memories and experiences. Our instructors will guide you through the classes, providing constructive notes, corrections and encouragement in real time.

#### WHAT YOU WILL NEFD

All you will need is a sufficient internet connection, a device capable of communication (like a laptop, smartphone or tablet), and a little space to practice. These lessons are recorded so that if you are unable to participate at the scheduled time you will always have full access to stream the lessons later at your convenience.

Please e-mail us at <a href="mailto:studio48Pac@gmail.com">studio48Pac@gmail.com</a> to express interest in joining our OPEN HOUSE on June 6 from 3-5:00pm!

This six-week session begins June 29<sup>th</sup>. **Register now** at **www.studio48pac.com**! Please note there is a one time \$10.00 non-refundable Registration Fee.

We look forward to spending our Summer with you!

This Packet further explains the details of our VIRTUAL SUMMER DANCE program. Following you will find:

- 1. Schedule and Tuition
- 2. Class Descriptions and Requirements
- 3. Faculty



## STUDIO 48 PERFORMING ARTS CENTER

## **VIRTUAL SUMMER DANCE 2020**

## June 29 - August 8

Registration is on-going and available online at www.studio48pac.com.

| Mon                                    | Tue   | Wed                                       | Thur  | Fri | Sat   |
|--|---|---|---|-----|---|
|  |   |   |   |     |   |
| HIP HOP I<br>4:00-5:00<br>Stephanie    | BEGINNER BALLET<br>4:00-5:00pm<br>Russell     | TAP/BALLET (P/K)<br>4:30-5:30pm<br>Carlyn | TAP/BALLET (P/K)<br>4:30-5:30pm<br>Michelle |     | CREATIVE MVT (K)<br>9:30-10:00am<br>Russell |
| TAP I<br>5:00-6:00pm<br>Stephanie      | CLASSICAL BALLET I<br>5:00-6:00pm<br>Russell  | HIP HOP (P/K)<br>5:30-6:00<br>Carlyn      | TAP Adult<br>5:30-6:30pm<br>Michelle        |     | BALLET Adult<br>10:00-11:00am<br>Russell    |
| JAZZ I<br>6:00-7:00pm<br>Stephanie     | DEMI-POINTE/POINTE<br>6:00-6:30pm<br>Russell  | TAP II<br>6:00-7:00pm<br>Carlyn           | JAZZ/HIP HOP II<br>6:30-7:30<br>Michelle    |     |   |
| JAZZ Adult<br>7:00-8:00pm<br>Stephanie | CLASSICAL BALLET II<br>6:30-7:30pm<br>Russell | JAZZ II<br>7:00-8:00pm<br>Carlyn          |   |     |   |

Suggested Ages for Levels:

Pre-Kinder (P): 3-4 years

Kinder (K): 5-7 years

Level I: 8-12 years Level II: 13 years minimum Beginner Ballet: 8-10 years

Classical Ballet I: 10-12 years

Classical Ballet II: 13 years minimum Demi-pointe: 10 years minimum Adult: 18 years minimum

NOTE: Private lessons are available for scheduling.

## **TUITION RATES**

60-MINUTE CLASS \$ 75.00 30-MINUTE CLASS \$ 45.00

Tuition costs are for the full 6-weeks of this Summer program. There is a one-time, non-refundable registration fee of \$10.00.

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Class Descriptions and Requirements

#### APPROPRIATE ATTIRE AND FOOTWEAR

There are no specific uniform or attire requirements for the Virtual Summer Program. Please feel free to join in, wearing something comfortable that allows for ease of movement. Socks, Ballet Slippers, Sneakers, Jazz Shoes, and Tap Shoes (when appropriate) are all up to what is safe, readily available and comfortable for you! Come Move with us!

| TAP/BALLET (P/K) | Carlyn    | A introductory movement based class where dancers learn class etiquette, beginner ballet and tap moves and terminology while having fun at the same time. <b>Requires:</b> Small, safe space to move. Tap shoes are great, but not necessary.                                    |
|------------------|-----------|--|
| TAP/BALLET (P/K) | Michelle  | A introductory movement based class where dancers learn class etiquette, beginner ballet and tap moves and terminology while having fun at the same time. <b>Requires:</b> Small, safe space to move. Tap shoes are great, but not necessary.                                    |
| HIP HOP (P/K)    | Carlyn    | A high energy class where dancers learn class etiquette, beginner hip hop dance moves and figure out how to move their body in new ways while having fun. <b>Requires:</b> Small, safe space to move.  |
| CREATIVE MVT (K) | Russell   | Focused on introducing the very foundations of dance movement through processes which encourage creativity and play, this class Introduces concepts of musicality, spacial awareness, spacial orientations, and movement repetition. <b>Requires:</b> Small, safe space to move. |
| TAP I            | Stephanie | Tap I introduces the foundations and vocabulary of basic tap skills. Focused on developing timing, musicality and rhythm, while encouraging a life-long love for the percussive arts. Tap shoes are great, but not necessary.  |
| TAP II           | Carlyn    | For those who have taken Tap I or have some tap dance experience, this class will review the basics for technique and then explore more challenging steps and rhythms while making music with your feet. Tap shoes are great, but not necessary.                                 |
| TAP Adult        | Michelle  | Rhythmic Tap class for Adults. Come move and have fun while developing musicality, timing, rhythm and agility. No prior experience necessary. Tap shoes are great, but not necessary.  |
| JAZZ I           | Stephanie | Jazz I teaches the foundations and vocabulary of basic Jazz technique. Focused on developing movement isolations, retention and repetition, this class will prepare the student for the more complex steps introduced in Jazz II.  |

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| JAZZ II             | Carlyn    | For those who have taken Jazz I or have some jazz dance experience, this class will review basic technique and learn more challenging steps, jumps and turns in different styles of Jazz dance. One week might be more Street Jazz and the next might be more Musical Theatre, Classical or Lyrical Jazz.  |
|---------------------|-----------|--|
| JAZZ/HIP HOP II     | Michelle  | Expanding upon the techniques and principles introduced in Jazz I and Hip Hop I, this class encompasses the choreographic and stylistic innovations of the Jazz Fusion genre. Designed for students with some preliminary dance training, this class draws from the inspirations of contemporary Street Jazz techniques.   |
| JAZZ Adult          | Stephanie | Street Jazz Fusion class for Adults. Come move and have fun while developing core strength, flexibility and coordination. No prior experience necessary.   |
| HIP HOP I           | Stephanie | Hip Hop I develops the preliminary understanding of movement shapes, rhythm, and musicality. Crafted from an Urban setting, this class explores the opportunity for creativity and self expression.  |
| BEGINNER BALLET     | Russell   | Focused on introducing the very foundations of classical ballet technique. This class is designed to introduce basic ballet principles, discipline, and musicality, while developing flexibility, strength and comprehension of new movement. <b>Requires:</b> Yoga mat; chair or substitute barre.  |
| CLASSICAL BALLET I  | Russell   | Applying principles introduced in Beginner Ballet, Classical Ballet I prepares the dancer to develop further his or her mastery of ballet vocabulary, choreographic retention, and musical precision. Introduces the systemic syllabus of the Vaganova technique, while building flexibility and strength. <b>Requires:</b> Yoga mat; chair or substitute barre. |
| CLASSICAL BALLET II | Russell   | Encouraged for the serious student, Classical Ballet II reinforces the syllabus of the Vaganova school, developing coordination, movement quality, and comprehension of more complex combinations. A good understanding of Ballet vocabulary and principles of movement is expected. <b>Requires:</b> chair or substitute barre.                                 |
| BALLET Adult        | Russell   | Developed as a Strength and Flexibility class for adults desiring to practice their love for ballet. The level for this class is adjusted to those participating. No prior experience is needed. Come and dance! <b>Requires:</b> chair or substitute barre.   |
| DEMI-POINTE/POINTE  | Russell   | This Demi-pointe and Pointe class is multi-level and adjusted to befit each student. This class is designed to build and retain the necessary strength and alignment to dance <i>sur les pointes</i> . Those practicing in pointe shoes must be approved by the Artistic Director. <b>Requires:</b> chair or substitute barre.                                   |

# **Virtual Summer Dance 2020**

Faculty

### Carlyn Adams

Carlyn Adams is the Assistant Artistic Director of Studio 48. Carlyn teaches Tap, Jazz, Ballet, Lyrical and Hip Hop at our Brunswick Location, bringing years of experience as an instructor and performer in the New York and New Jersey dance scene.

Carlyn Adams received her B.A. in American Studies with a Minor in Dance from Muhlenberg College in Allentown, PA. There she was a dancer in their professional Summer Production of "42nd Street". She began dancing when she was four years old. She has trained with various professional faculty members from Broadway Dance Center in New York City. She worked for New York City Dance Alliance in an administrative capacity for 15 years. Carlyn has taught everything from Tap, Jazz, Ballet, Creative Movement, Hip Hop, Lyrical, and Swing dance for all ages in several NJ studios. She also has a fitness background teaching classes such as Barre, POP Pilates and Zumba. She moved to Maine almost three years ago and she has been teaching at Studio 48 since January 2019. She wishes all of her dancers to have a positive and educational experience while also having fun!

#### Stephanie Sutton Hayes

Stephanie Sutton Hayes teaches Tap, Jazz, Street Jazz, and Rock Jazz for all levels. Stephanie is an experienced coach and director in the local and national competition dance scene.

Stephanie Sutton Hayes started dancing at 3 years old with Encore Dance Studio under the direction of Kelti Collins and continued through high school participating in their notable "Encore Dance Ensemble". She acquired her B.S. in Psychology at the University of Maine, while actively performing in their Modern and Jazz Team. Stephanie began teaching at Feet First Dance Studio and Northeast Academy of Dance in Windham while participating with the Rhythm Factor Dance Co. at Casco Bay Movers in Portland, under the direction of Melissa Cloutier. In 1998 She became the sole owner of Feet First Dance Studio before retiring ownership to Laura Lewis, who is currently directing Dance Unlimited in Augusta. During this decade in Windham, She was the director and coach of the Junior and Senior Competition Dance Teams, where her school received numerous gold medals. Her direction led these dance teams to travel to N.Y., Las Vegas, Myrtle Beach, Boston, California and various New England cities, collaborating with such companies as D.E.A., Dance Jam, Showstoppers and Onstage N.Y. She continued her training at Casco Bay Movers as well as Avant Dance where she joined a Hip-Hop perfomance group called G-Tric.

#### Russell Hewey

Russell Hewey is the Artistic Director for Studio 48, coordinating the efforts of both studio locations to meet the high standards of dance education required by today's performing arts communities. Russell has international and national stage experience as a Ballet Dancer, Choreographer and Ballet Master.

Originally from Maine, Russell Hewey trained under Lynne Penn-Davison and Cosmin Marculescu while performing with Portland Ballet, Ballet New England, Konservatoriet Dance Ensemble, Ajkun Ballet Theatre, José Mateo Ballet Theatre, and Teatrul de Balet Sibiu (Romania).

Russell has performed nationally and internationally in notable contemporary and classical works such as Don Quixote, Carmen, Romeo and Juliet, The Miraculous

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Mandarin, The Nutcracker, The Sleeping Beauty, Swan Lake, Giselle, Raymonda, La Fille Mal Gardee, Anna Karenina, Le Corsaire, Coppelia, Scheherazade, Napoli, and Four Seasons. In 2014, he made his debut in Romania as a choreographer premiering: Concert en Bleu, a ballet symphonic. Since, he has continued his choreographic pursuits, premiering works in Europe and in the United States including Intermezzo; Cityscape; Nichita; Taste; Land of the Misfit Toys; La Dance: Degas, Delaunay and Matisse; and Eve of Monday. Russell serves as a Ballet Master to Portland Ballet.

#### Michelle Lessard

Michelle Lessard teaches Tap, Ballet, Hip-Hop, and Jazz at the Yarmouth location. Michelle has years of experience with childhood education, bringing her energy and nurturing spirit to every class.

Michelle Hall-Lessard was the past owner and director of City Dance Studio in Falmouth for 25 years after retiring in June of 2019. She received her B.A. in Dance form the University of Maryland/College Park in 1991. She has studied dance for over 45 years in various forms including: modern, tap, jazz, ballet, street funk/hip hop, and West African dance. Michelle has studied with and performed the works of Ethel Butler (Martha Graham Dance Company member and principal teacher), Robert Dunn (Founder of Judson Dance and Post Modern Dance), Doug Varone ( A New York City Modern Dance Company), and Danny Buraczeski (Director of JazzDance Company). Michelle attended workshops at conferences of the American College Dance Festival Association (A.C.D.F.A) regionally in Virginia and North Carolina and nationally in Texas where she performed modern pieces representing the University of Maryland and the Mid-Atlantic Colleges. In addition, Michelle has received two full scholarships to attend the Bates Summer Dance Festival. Master classes have been under such respected artists as: Brenda Bufalino (Director of the American Tap Dance Orchestra in New York City) and Henry LeTang (N.Y Choreographer of Broadway's Black and Blue and the movie Tap). Michelle holds a M.S. in Education and currently teaches Kindergarten in SAD 6.